

2010

Total Races: 13

Ladies	Best of 10 Races	Age category	Total (All Races)	No of Races	January Janunt	Hoe 10	Bath Half	Tavy 13	London	Ivybridge 10k	Plymouth Half	Plym Valley Challenge	6 Moor Miles	Cornwood	Bristol Half	Autumn Trail	Cardiff Half
Rachel Stephens	476	-30	476	5		89	96		98				95		98		
Isla Kennedy	394	-30	394	4	98	99		99			98						
Jemma Jewell	279	-30	279	3		93					91				95		
Karen Thornton	279	-30	279	3		91			96				92				
Jennifer Parkin	272	-30	272	3							90				94	88	
Katie Arrowsmith	185	-30	185	2							88				97		
Rosie Williams	177	-30	177	2						92	85						
Katie Haines	98	-30	98	1												98	
Rachael Ward	95	-30	95	1												95	
Marie Faithfull	95	-30	95	1							95						
Nikki Thompson	772	30-39	772	8	97	96		97		97	94		98	97		96	
Helen Roberts	577	30-39	577	6	96	95		98				96	94	98			
Beverly Dowrick	400	30-39	400	4								100		100	100	100	
Jo Anderson	300	30-39	300	3						100	100		100				
Gillian Lake	285	30-39	285	3			97	96			92						
Rachel Thuell	281	30-39	281	3						96	89				96		
Pippa Griffin	188	30-39	188	2	95						93						
Tracey Wheaton	176	30-39	176	2						89						87	
Jan Walpole	100	30-39	100	1	100												
Maria Wright	96	30-39	96	1							96						
Pamela Mintoft	95	30-39	95	1				95									
Kathryn Wilmot	596	40-44	596	6		100			100		99			99	99	99	
Helen Hilton	468	40-44	468	5						95	93	95	93				92
Debbie Carter	465	40-44	465	5		94	98		97		87						89
Lorna Lee	389	40-44	389	4		98	99		99						93		
Clare Worcestor	285	40-44	285	3						98			96				91
Iona Oliver	180	40-44	180	2		90											90
Maria Porter	100	40-44	100	1				100									
Charlotte Crocker	99	40-44	99	1	99												
Debbie Botterill	469	45-49	469	5						94	85	97	99			94	
Sandy Williams	383	45-49	383	4					95			98	97				93
Helen Wilkinson	196	45-49	196	2		97											99
Nina Shillabeer	817	50+	817	9	94	88				90	84	94	90	96		85	96
Sue Marshall	592	50+	592	6			100			99	97	99				97	100
Sue Maffey	457	50+	457	5						91			91		92	86	97
Jill Rose	276	50+	276	3		92				86							98
Susan Bond	83	50+	83	1							83						

