

Highlights

- Good local club involvement at Westward league Cross Country fixture at Bideford and also SW Inter Counties at Bicton.
- Supported Plymouth and West Devon Sportshall Primary and Secondary Finals at Mayflower centre, Plymouth
- Attended East Cornwall Harriers Cross Country event at Dobwalls – article sent for inclusion on EA website
- Ran further successful Sportshall events at Tavistock. and Ivybridge
- Sportshall event at Kingsbridge in return for payment to the Network planned for March 11th.
- Ran athletic sessions at Totnes on Monday evenings. Funding direct to Network
- Sport Unlimited course running now at Brickfields with 14 participants from 8 – 13 years old using Network coaches. .
- 3K event ran in January and February good numbers taking part.
- Continued to run up after school club at Stoke Damarel Primary with coaches from COPAC.
- Flying coach visit at Moorhaven (Viv Matthews) for club coaches from Network clubs ran on 19<sup>th</sup> January
- Nutrition workshop put on in conjunction with Lyndsey Wilson, Marjon was attendee by 20 people.
- Armada athletes have been undergoing testing at Marjon in Science lab. Feedback has been positive from both sides and links have been firmly established.
- Attended P2P day with Network coaches in Plymouth. A number of potential new disable athletes have been identified and plan is to introduce specific training sessions. Funding application being submitted to assist wheelchair athletes.

Forthcoming events

- Runners Fayre being held in conjunction with the Hoe 10 on Feb 20<sup>th</sup>.
- Short Format Competition workshop – Bath - Friday 25<sup>th</sup> February
- Biomechanics of Running Jon Goodwin – Saturday 26<sup>th</sup> February
- Final 3K event – Wednesday 9<sup>th</sup> March
- Sportshall County Finals (Torbay) 14<sup>th</sup>/15<sup>th</sup> March
- Final Westward league – Sunday 20<sup>th</sup> March
- Athletics Coach course – Tavistock College – 26<sup>th</sup>/27<sup>th</sup> March 2011
- Spring Warm up – Venue TBC Sunday April 3rd

Priorities (over next two months)

- Continue to develop coaching workforce through new recruitment and working with Coach mentors to share expertise.
- Encourage all clubs to look club development in a formal way especially clubs who require Clubmark accreditation.
- Organise meeting of Volunteer Co-ordinators to ensure that every club is aware of EA toolkit for recruitment and retention of volunteers.
- To ensure all clubs have access to local competition as well as support in higher level competition where applicable.
- To continue to grow clubs and ensure reporting figures provided to EA are correct.
- To maintain funding and develop other income sources for network.